## Bemidji Food Service MAY

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Monday	Tuesday	Wednesday	Thursday	Friday
•	May - 1	May - 2	May - 3	May - 4
	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE, CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK, 1% Lowfat MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE, CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK, 1% Lowfat MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE, CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK, 1% Lowfat MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE, CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK,1% Lowfat MILK,SKIM MILK, SKIM CHOCOLATE
May - 7	May - 8	May - 9	May - 10	May - 11
PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE,CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE, CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK, 1% Lowfat MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE,CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE,CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE,CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK,SKIM CHOCOLATE
May - 14	May - 15	May - 16	May - 17	May - 18
PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE,CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE, CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK, 1% Lowfat MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE,CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE,CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE, CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK, 1% Lowfat MILK, SKIM CHOCOLATE
May - 21	May - 22	May - 23	May - 24	May - 25
PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE,CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE, CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK, 1% Lowfat MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE,CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE,CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE,CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.

Monday	Tuesday	Wednesday	Thursday	Friday
May - 28	May - 29	May - 30	May - 31	Jun - 1
NO SCHOOL TODAY	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE, CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK, 1% Lowfat MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE, CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK, 1% Lowfat MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE,CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE	PLAIN BAGEL PEANUT BUTTER SANDWICH CHEESE,CREAM CHEESE STICK YOGURT FRESH VEGGIES FRUIT CHOICES MILK,1% Lowfat MILK,Skim MILK, SKIM CHOCOLATE

 $<sup>^*</sup>N/A^*$  - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.